

Consultation card Lupus/SLE

neurological complaints

1 2 3 4 5 6 7 8 9 10

sore muscles

1 2 3 4 5 6 7 8 9 10

drug side effects

1 2 3 4 5 6 7 8 9 10

hair loss

1 2 3 4 5 6 7 8 9 10

insomnia

1 2 3 4 5 6 7 8 9 10

dry mouth or eyes

1 2 3 4 5 6 7 8 9 10

cardiovascular problems

1 2 3 4 5 6 7 8 9 10

fever

1 2 3 4 5 6 7 8 9 10

skin complaints

1 2 3 4 5 6 7 8 9 10

joints

1 2 3 4 5 6 7 8 9 10

Total:

brain fog

1 2 3 4 5 6 7 8 9 10

psychological complaints

1 2 3 4 5 6 7 8 9 10

pain

1 2 3 4 5 6 7 8 9 10

fatigue

1 2 3 4 5 6 7 8 9 10

Total:

suffer from the sun

1 2 3 4 5 6 7 8 9 10

Source: Huber M, van den Brekel-Dijkstra K, Jung HP. Positive Health in the consulting room. Handbook Positive Health in general practice: working together for meaningful care. Houten: Bohn Stafleu van Loghum; 2021. p. 73-116.Huber2021

On a scale of 1 to 10, indicate how much it bothers you.
1 is no burden and 10 is a lot of burden.

How do I feel

My top three questions for the doctor today